As most people spend a major part of their adult life at work, job satisfaction is an important element of individual wellbeing.

## What factors contribute to job satisfaction?

## How realistic is the expectation of job satisfaction for all workers?

In adulthood most of the people spend more than half a day at their work. In other words, generally they spend even more time with their co-workers than their families. That is why there must be a comfortable situation available physically and mentally. Some of the factors which could help this goal being achieved are a friendly environment, financial expectation fulfillment and a sense of progress. But the question is up to what point of these factors can be provided at any job position?

People from different ages and genders gather together to follow thea same aim at their work place. Most of the time a simple routine projects takes hours of team working and consulting to gain a reasonable outcome. Obviously, there must be a companionable interaction for having/producing efficient results. Furthermore, if the financial requirements of any workers are have not being metmeet, how could he relief relieve his mind and concentrate on his tasks effectively? Besides, another point to consider is the feeling of importance and forward movement. As a human being, any individual needs to be observed by his superior. Hence harder working for getting further encouragement.

On the other hand, if we want to be realistic, in today's world, most of the companies have economic issues. Thus, they for sure are not able to <u>fulfill supply</u> all the fiscal (monetary) demands of their staff. In addition, people from different cultures surely have some differences which could definitely make having pleasant colleague relationships harder. The way of requesting, for instance, is different in Iran from <u>that in</u> the west world. In other words, in west countries people ask whatever they want <u>so-quite</u> frankly, which is <u>kind-ofrather</u> rude in my country, since we usually mince our words instead of say<u>ing</u> it straight away.

In conclusion, in my opinion, although there are a lot of features that must <u>be</u> take<u>n</u> into consideration for job satisfaction, we must <u>approve acknowledge</u> that all these factors could be achieved partially, otherwise we will not experience any relative pleasant moment at our job.